

BRINY BAY

951 HWY 2, FIVE ISLANDS, NS

902 254 0860

BREAKFAST MENU

BIG MENU

BRINY B-FAST

2 eggs any style, home fries, choice of 2pcs of (pea meal, sausage, or bacon) , 2pcs of toast. **\$11**

BIG BRINY B-FAST

3 eggs any style, home fries, 2pcs of sausage, pea meal and bacon with 3 pcs of toast. **\$15**

FISHERMAN'S B-FEAST

2 eggs any style, home fries, 1 fish cake, house lox, 1pc of haddock, 2pcs of toast, side of house hollandaise. **\$16**

DECK HAND'S BISCUIT

house made biscuit breakfast sandwich; 1 egg, choice of (fishcake, bacon, pea meal, sausage, house lox or pulled pork), chipotle mayo, mixed greens. **\$8**

TOFU SCRAMBLE

mild curry marinated tofu, pan fried scrambled style with onions, mushrooms, spinach, roasted red pepper, 2pcs of toast. **\$12**

SIDES

TOAST **\$1.50**

EGG **\$1.50**

BISCUIT **\$2.50**

white/brown/gluten-free

FRIED POTATO **\$2**

HOME FRIES **\$3**

PROTEIN **\$3**

FISH CAKE **\$2**

LOX **\$4**

bacon/sausage/pea meal

COFFE/ TEA/JUICE **\$1.95**

BRINY BAY BENNIES

homemade biscuit topped in house-made hollandaise served with home fries

EASTCOAST BENNY

with house cured smoked Atlantic salmon lox. **\$14**

CLASSIC BENNY

house made pea meal bacon. **\$12**

FLORENTINE

sautéed spinach seasoned to perfection. **\$11**

COWBOY BENNY

our pulled pork, tangy bbq hollandaise, crispy onions. **\$14**

FISHERMAN'S BENNY

served on our fishcake with dill hollandaise. **\$13**

SMALL MENU

TINY BRINY

1 egg any style, fried potato, 1pc toast. **\$5**

STUFFED FRENCH TOAST

with banana and Nutella 1pc. **\$6**

TROPICAL GRANOLA PARFAIT

vanilla yogurt, seasonal fruit, house made granola (papaya, pineapple and a hint of banana) **\$8**

HOUSE SALAD

mixed greens, carrot and cucumber in our honey lemon "house undressing" **\$7**